

3 MEASURES MISSION CENTER

Funding Proposal 3 Measures, Namibia

Albert Conradie St
Katutura, Namibia
Phone: 1 (719) 888-9679
Email: david@3measur.es
Website: www.3measur.es

3 measures
Physical, Social & Spiritual Development

Our Mission Statement

"The Kingdom of Heaven is like the yeast a woman used in making bread. Even though she put only a little yeast in three measures of flour, it permeated every part of the dough." Matthew 13:33

The Kingdom of God is revolutionary and its reach is unlimited. When present in a community, it should not simply transform a part, but should permeate every aspect of that society. Every community is made up of three measures: (1) the physical, (2) the social and (3) the spiritual.

3 Measures is a church planting/community development ministry based in the Damara location of Katutura and targeting rural, underprivileged and unreached areas of Namibia. Our vision for community development is to enable local Christians to transform their communities physically, socially and spiritually. In addition to development, 3 Measures has a focus on helping Namibians begin New Testament based churches.

History

David and Sandy have been working in Namibia since 2001, first as church planters among the Ovahimba tribe (2001-2003), then as educators at a Christian primary school (2010-2012), and now as founders/directors of 3 Measures (2012-present). In the past seven years 3 Measures has:

- Established four Holistic Community Development Groups (Thrive)
- Led many to Christ
- Walked with young women through nearly one hundred pregnancies (Young & Pregnant)
- Opened a missional cafe (Hope Cafe)
- Trained approximately 200 school teachers in First Aid & 6 young men to be trainers of trainers (3 Measures First Aid)
- Taught hermeneutics to indigenous pastors among the unreached Ovahimba tribe (Restoration Seminars)
- Offered a variety of training courses & built countless relationships along the way

Population Servicing

3 Measures' headquarters are in Namibia's largest township, Katutura, located on the outskirts of the capital city of Windhoek. Katutura is a difficult place with a history of oppression which has led to a cycle of poverty, unemployment, alcoholism, HIV and other illnesses. Despite these social challenges, Katutura has grown into a vibrant community that makes up nearly 60% of Windhoek's total population.



In addition to our work in Katutura, we minister in Kaokoland, an informal name for a large portion of Namibia's Kunene Region and found in the far north-west, bordering Angola. This remote and harsh region is considered one of southern Africa's last remaining wildernesses. Roughly 16,000 people also call Kaokoland their home, among these inhabitants are the Ovahimba tribe, a largely unreached people group among whom we train indigenous pastors/leaders in how to properly handle the word of God.

Overview of Current Programs

THRIVE COMMUNITIES

Church Planting/Community Development

Our Thrive communities are the heart of 3 Measures. This is our church planting and where development happens.

We build community on a foundation of evangelism and discipleship, all while teaching basic principles of community development. As members grow closer to Christ, they also grow closer to each other and become a source of support for each other physically, socially and spiritually.





Hope Cafe grew out of our first Thrive community as a tool to provide free internet access to university students in Katutura. At the same time, the cafe provides a fun and safe place for building community throughout the week.



Young & Pregnant

Educate, Encourage, Value, Love

Young and Pregnant is a program designed to come alongside pregnant teenagers in Katutura. Our aim is not only to educate, but also to encourage and love these young mothers-to-be while affirming their value and the value of the lives they are bringing into the world.



RESTORATION Seminar

Training Rural Pastors Among the Unreached

These week long courses are for rural pastors and Christians in leadership among the unreached Himba tribe. In these seminars we focus on the basics of how to read, understand & apply the Bible.





First Aid Education and Business Initiative

Along with the help of Dr. Umoyo Zimba, we have trained four young men as first aid trainers. With this skill they are able to run first aid courses, providing income for themselves and valuable training for others.



Current Resources

Since 2012, 3 Measures has been operating out of an office provided by a sister ministry (Beautiful Kidz). For the past seven years we have been able to use this 14.5x10 ft room freely to begin Bible studies, hold meetings, carry out administration, conduct training, and even start Hope Cafe. In 2017 Beautiful Kidz provided more space to us, a 17x13 ft room that would serve as a semi-permanent home for the cafe.



3 Measures office during a Thrive Bible Study.

These two spaces have been a huge blessing and have allowed us to get things going here in Katutura. The space has been offered rent free and we have had a great amount of freedom in how we use it. On the other hand, we are watching as the ministry quickly outgrows these two rooms. We already find ourselves cramped into these spaces. A few days ago we had 30 squeeze into the small cafe and Young & Pregnant is limited to less than ten per class because of the size of the office. We are also limited in how many programs we can run. Only one can run at a time in the mornings/afternoons and two in the evenings and on weekends). Hope Cafe is our space, but only available for use in the evenings and weekends because during the day it is an entryway into a preschool. For this reason, every day we have to break everything down and store it away, then get it all back out again before opening up to the public. This creates a security risk and is becoming less practical as we grow in numbers and expand the goods and services we offer at the cafe.



Hope Cafe on busy night.

In many ways we have already outgrown this space, but we are also finding that our vision is limited to what fits in these spaces. A new opportunity has presented itself to offer computer training in our

community. We could teach a valuable skill at low cost, provide employment to trainers and use it to fund the cafe. Unfortunately neither the cafe nor the office is large enough to facilitate that class.

Finally, in October we were made aware that Beautiful Kidz is running short on space and we were told they would need the 3 Measures office back by the end of December 2019. Thankfully we were able to reach an agreement and we will still have use of the office, but we know that they will eventually need the space again.

For these reasons we have realized the need for a permanent home for 3 Measures.

Statement of Need

We have found the perfect property for 3 Measures' mission center. The two story building has been well cared for and is move in ready. It has a large dining hall with a kitchen that will be perfect for Hope Cafe. It even has its own entrance onto the street which will allow customers to easily find us. There are ten rooms, each with an ensuite bathroom, and a separate free standing studio apartment with bathroom and kitchenette. Outside there is a large parking area with space for about 10 cars.

Perhaps most exciting is the building's location on Windhoek's main street and at the entrance to the community we've been working in since 2010. It is highly visible in the neighborhood and is within sight of the hospital which could be a big benefit for our pregnancy program.

This building, with its cafe, number of rooms and open space outside, would give us plenty of room for the programs we are currently running, new opportunities that have already presented themselves and for future growth. The following are some initial ideas for how we would use the rooms:

1. **Pregnancy Resource Center**
 - This would be a dedicated space for our current Young & Pregnant classes, but also the space we need to expand the program. We hope to establish a location where young girls can come when they discover they are pregnant. Here they could get information, advice, counselling and be enrolled in the next Young and Pregnant class.
2. **Doctor's Office**
 - We have had a number of doctors volunteer their services, but we have struggled to find a way to make it work. We would like to set up a doctor's office with an ultrasound machine to give them a place to work out of.
3. **Caretaker's quarters**
 - We would have a caretaker stay on the property for security and to take care of things when they come up.
4. **Meeting room**
 - A comfortable room for Bible studies, small classes and meetings to take place in.

5. Volunteer housing/AirBnb
 - A room set up for volunteers to stay in when they visit. When 3 Measures has no volunteers in need of housing we are considering renting it out to tourists and volunteers (from other ministries). This could provide some income for building maintenance.
6. Office
 - For David and Sandy to work from
7. Shared Office
 - For other volunteers, 3 Measures First Aid and any other businesses we help start up.
8. Halfway room
 - Many of the young ladies in our Young & Pregnant program have come from an abusive situation at home. We have a vision to help these girls transition from their current situation into another. We would like to use two rooms for temporary housing in these cases.
9. Halfway room
 - Same as above
10. Play room for childcare
 - This would be for children to have somewhere to play during programs. There is a possibility that we could eventually offer childcare for the young mothers so they can go back to school after the babies come.

The cost of the building is roughly \$300,000 USD. We are looking here in Namibia for investors to purchase shares in the building. We currently have three for a total of \$105,000 & have been assured we will find more quite quickly. **Our goal is to raise at least \$75,000 USD** to purchase a quarter or more of the building for the ministry. The purchase of property is a special need and will require funds above and beyond the scope of our regular monthly support. As we pursue this vision, we are looking for donors who can help see it through.

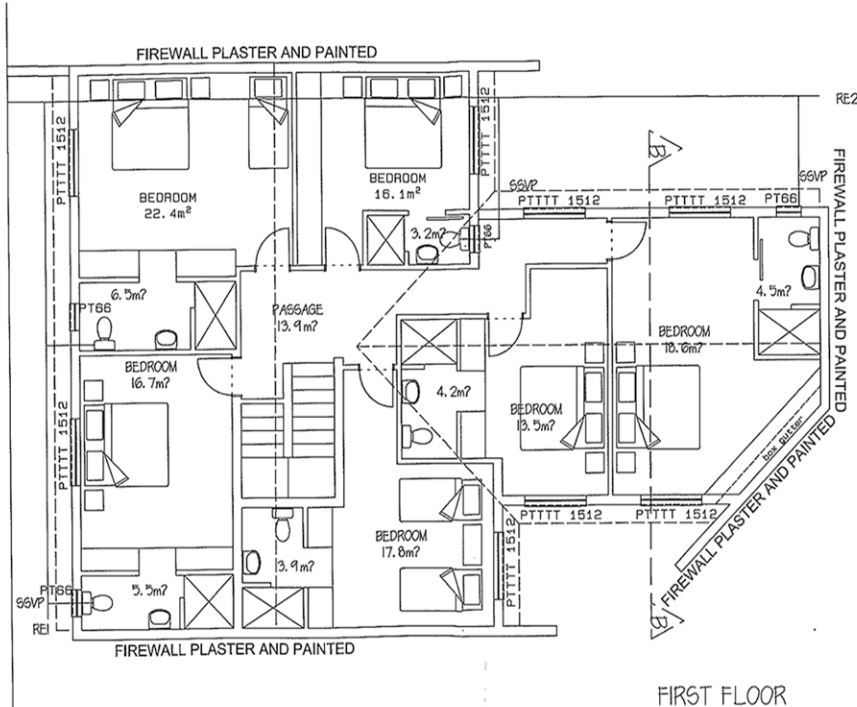
We are blessed to be a part of what God is doing here in Namibia and are excited about the opportunity to further establish 3 Measures here. We could not do it without partners like you! Thank you for considering this request and please feel free to ask any questions via email (david@3measur.es) or by calling me directly in Namibia for free using my US based phone number (1-719-888-9679).

For His Kingdom,

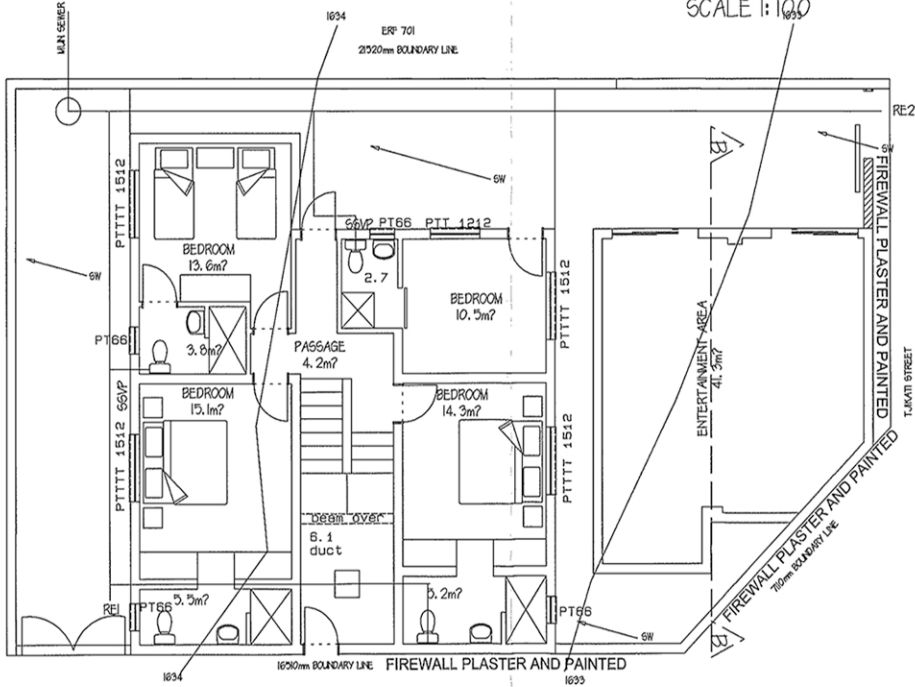


David & Sandy Echols

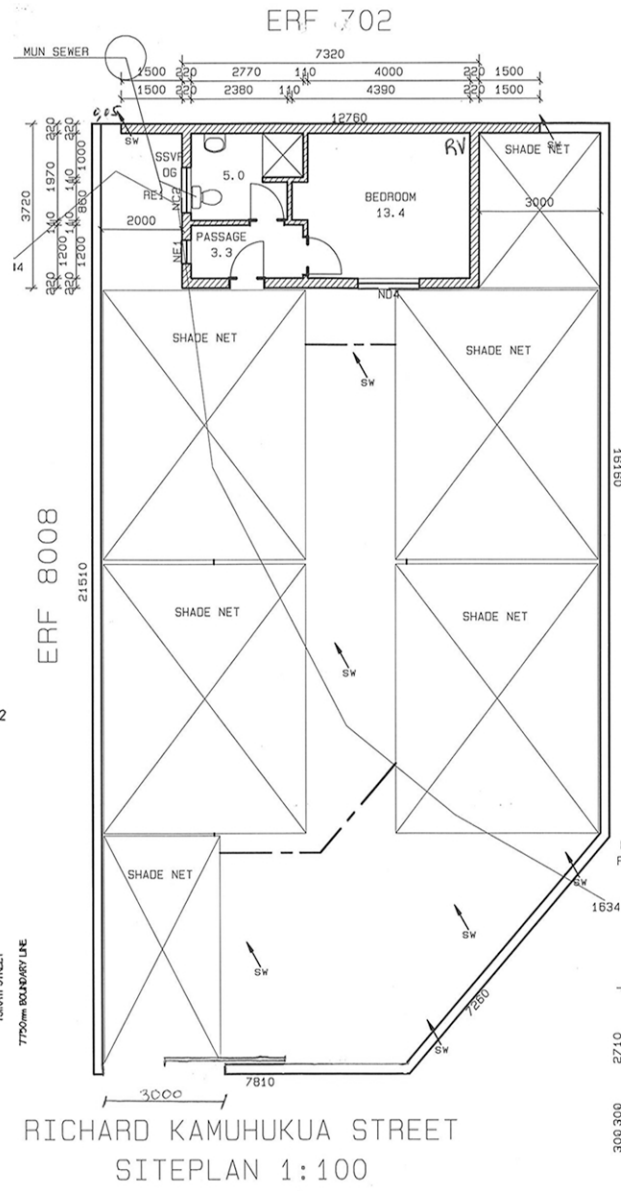
Appendix A: Property Plans



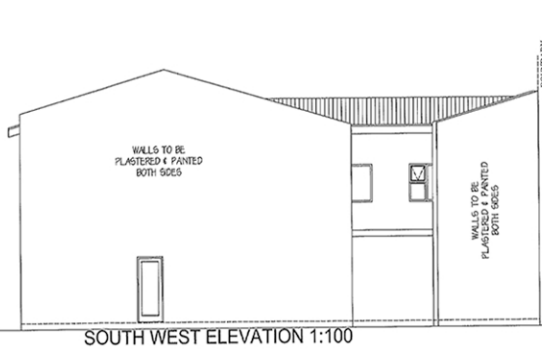
FIRST FLOOR
SCALE 1:100



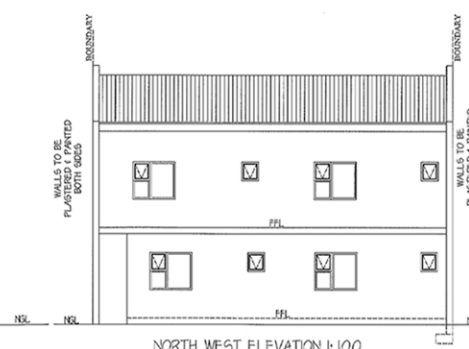
INDEPENDANCE AVENUE
GROUND FLOOR & SITE PLAN
SCALE 1:100



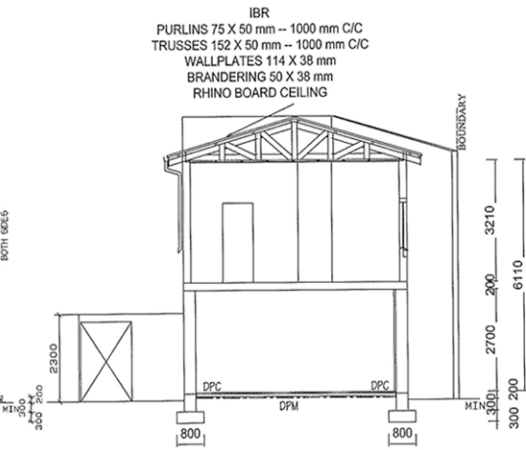
RICHARD KAMUHUKUA STREET
SITEPLAN 1:100



SOUTH WEST ELEVATION 1:100



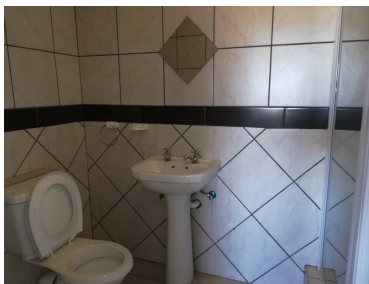
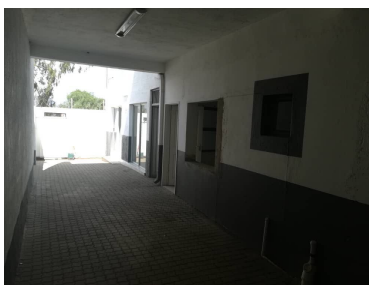
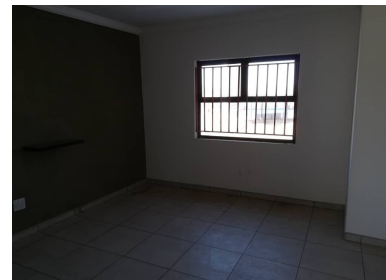
NORTH WEST ELEVATION 1:100



SECTION A--A
1:100

Appendix B: Property Photos

This property is currently available in our neighborhood. With 11 rooms, en suite bathrooms, dining hall (cafe) and extra space outside to expand, this building would perfectly fit our needs. The cost would be approximately N \$4,5 million (negotiable) and would be ready to move in.

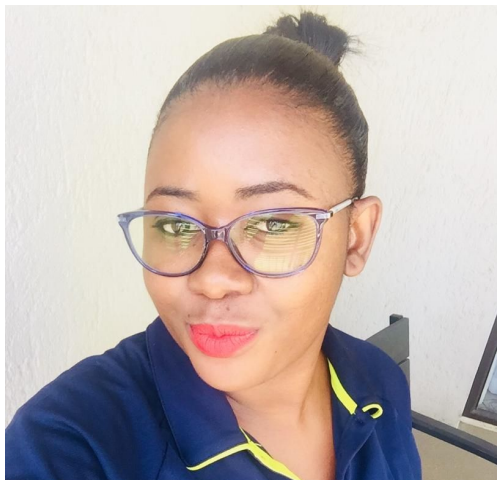


Appendix C: Testimonials

3 Measures has been more than a ministry for me, over the years, I can say we have become a family. Since 2012 when it all started, they've reached out to a group of young adults that had just come out of a youth program together. With the holistic approach of physical, social and spiritual health they had such a big impact on my personal journey with Christ. 3 Measures created that space of fellowship with our bible studies every Sunday, and then we had Hope Cafe. Back then a number of the guys were varsity students and it really helped so much with school. I must say, 3 Measures has made an impact in my community and with all the new programs at hand, I believe the Lord can use them to have a much greater impact of change.



-Raylin Uirab



I joined 3 Measures' first Thrive Community when it started about 8 years. Being a part of the original Thrive feels more like being a part of a family. At Thrive we all the advantages of sharing food, conversation, a shoulder to cry on, a listening ear, a hand to hold, a fond roll of the eyes at familiar quirks or irritations.

The organization does so much that it is hard to know where to begin. Thrive Communities, Young and Pregnant, Hope Cafe. Community development activities that have a positive impact on the lives of the Katutura community. I cannot imagine my community and my life without the support and contributions of the Thrive community and 3 Measures in general.

-Given Garises

Thrive started off as a place to go on a Saturday to listen to the Word of God, visit with people and go home. With time it became much more than that. We became a family, brothers and sisters that care for each other, pray for each other and help each other. I remember how everyone came together to organize a fun day to help my family and raise money for our house. I remember how we couldn't bring ourselves to go home at 19h00 when it was time to leave. I became closer to God, seeing His goodness and love in my Thrive family. Sandy and David have truly been a blessing with the work they are doing through 3 Measures.



-Sheryl Gases



It is really a blessing to be part of this amazing and God loving community. Being part of a Thrive community has really helped me as an individual. The Bible studies that we have together definitely influenced me in a good way, in terms of my spiritual growth, how we view God and His promise upon our lives. This has a huge impact on my life, helping me realize that I am worth more and am God's masterpiece. The Thrive community is more than just people coming together, we strive to help each other grow. We make sure our fellow brothers and sisters are doing well and are all on the right path. It has really helped a lot of us to be more socially active and to participate in all the fun activities that we do. There is just this safe environment that makes you feel at home.

All the biblical teachings that we receive have an impact on me and helped me make a personal decision to accept Jesus Christ as my personal saviour. Now I can confess that Jesus is Lord and He dwells within me. There is no other place I could be than this fun and exciting Thrive community. My wish is to see us grow together as a group and spread the word of God to all nations.

-Matthew Rodriguez

I started attending 3 Measures' programs in 2012. Sandy and David have not only been our Christian mentors but friends to all of us as well. I remember very well how I used to complain about not liking my studies in business administration for years and they listened and gave me advice on what to do. Also, while I was busy doing my research project, my laptop crashed and I couldn't continue. The members of my Thrive community contributed towards me getting it fixed so I could continue with my project.

The inception of Hope Cafe was a blessing to us. As students you oftentimes don't have access to internet and laptop facilities and 3 Measures started an internet cafe to cater to the needs of those without internet access and this was really helpful for me when I was a student.

I appreciate all David and Sandy and 3 Measures have done in my life. 3 Measures has truly been a blessing to all those who have had the opportunity to be a part of and to engage with David and Sandy Echols. I pray they continue to do all the work they do for the betterment of those they interact with. I can truly say that not only has 3 Measures done so much for me in terms of the physical, but also in my christian walk and for that I am truly grateful to 3 Measures.

-Jason Kooper





Hope Cafe is our all in one. Where good friends, meet for the perfect cup of coffee. Where we study, play, laugh and most of all where there is love. Hope Cafe the home we never expected.

-McMorris Garie

Hope Cafe has been a wonderful experience for me. It is a place where I do research, so it has helped me with my school projects. It is a place where I come and socialize and have fun. It has also helped me with my math grades because we got lessons from Uncle Bernhard on Tuesdays.

-Rodriko Tsuob



It was a privilege to attend the Young & Pregnant program and I really enjoyed it. The lessons that Sandy gave were very interesting, especially as some of us were first time mothers and the information was important.

-Junice Gorases